AMENDMENTS TO THE CLAIMS

This listing of claims will replace all prior versions and listings of claims in the application.

LISTING OF CLAIMS:

1.	(Canceled))

- 2. (Canceled)
- 3. (Canceled)
- 4. (Canceled)
- 5. (Canceled)
- 6. (Canceled)
- 7. (Currently Amended) A method of manufacturing a carrier having a pair of one-piece ring-shaped flanges and adapted to rotatably support rotating bodies between the one-piece ring-shaped flanges, comprising the steps of:

forming a material into the shape of a cup having an opening; and closing off the opening of the cup so that a pair of one-piece ring-shaped flanges opposed to each other and designed to rotatably support rotating bodies

between the pair of one-piece ring-shaped flanges and joints connecting the pair of one-piece ring-shaped flanges are integrally formed; and

wherein openings are made in pre-joints of the material before the material is closed off.

8. (Original) The method according to claim 7, wherein:

the material is selected from a plate material, a rod material and a tubular material.

9. (Original) The method according to claim 7, wherein:

a bending guide is formed on a border between pre-joints and pre-flanges before the material is closed off.

10. (Original) The method according to claim 9, wherein:

a groove is formed as the bending guide on a side of the border to which the flanges are opposed.

- 11. (Canceled)
- 12. (Currently Amended) The method according to claim [[11]] 7, wherein: mandrels are inserted from the openings made in the pre-joints of the material so as to close off the material.
 - 13. (Currently Amended) The method according to claim [[11]] 7, wherein:

engagement holes for engagement with rotational shafts for rotatably supporting rotating bodies in the carrier are made in pre-flanges before the material is closed off.

- 14. (Currently Amended) The method according to claim [[11]] 7, wherein: mandrels are interposed in positions for mounting rotating bodies between the flanges so that the flanges are swaged towards the mandrels.
- 15. (Currently Amended) The method according to claim [[11]] 7, wherein: openings are made in the joints of the material after the material has been closed off.
- 16. (Currently Amended) The method according to claim [[11]] 7, wherein: the material is selected from a plate material and a tubular material; and openings are made in the pre-joints of the material before the material is formed into the shape of a cup.
- 17. (Currently Amended) The method according to claim [[11]] 7, wherein: the material is selected from a plate material and a tubular material; and a bending guide is formed on a border between pre-joints and a pre-flange of the material before the material is formed into the shape of a cup.

- 18. (Original) The method according to claim 17, wherein:
- a groove is formed as the bending guide on a side of the border to which the flanges are opposed.
- 19. (Currently Amended) The method according to claim [[11]] 7, wherein: a bottom of the material formed into the shape of the cup is turned into a first flange;

peripheral walls adjacent to the bottom are turned into joints; and an opening-side portion of the cup-shaped material, which is to be closed off, is turned into a second flange.

20. (Currently Amended) A method of manufacturing a carrier having a pair of flanges and adapted to rotatably support rotating bodies between the flanges, comprising the steps of:

preparing a tubular material;

closing off both end openings of the tubular material so that a pair of flanges opposed to each other and designed to rotatably support rotating bodies between the flanges and joints connecting the flanges are integrally formed; and

wherein openings are made in pre-joints of the material before the material is closed off

21. (Original) The method according to claim 20, wherein:

a bending guide is formed on a border between pre-joints and pre-flanges before the material is closed off.

- 22. (Original) The method according to claim 21, wherein: a groove is formed as the bending guide inside the tube on the border.
- 23. (Canceled)
- 24. (Original) The method according to claim 20, wherein:

 mandrels are inserted from the openings made in the pre-joints of the material so as to close off the material.
- 25. (Original) The method according to claim 20, wherein:
 engagement holes for engagement with rotational shafts for rotatably
 supporting rotating bodies in the carrier are made in pre-flanges before the material is closed off.
- 26. (Original) The method according to claim 20, wherein: mandrels are interposed in positions for mounting rotating bodies between the flanges so that the flanges are swaged towards the mandrels.
- 27. (Original) The method according to claim 20, wherein: axial centers of a side wall of the tubular material are turned into the joints;
 and

both axial ends of the side wall of the tubular material, which are to be closed off, are turned into a pair of flanges.

28. (Currently Amended) A method of manufacturing a carrier having a pair of flanges and adapted to rotatably support rotating bodies between the flanges, comprising the steps of:

preparing a tubular material having a tubular wall surface;

bulging a wall surface at the axial center of the tubular material radially outwardly so that a pair of flanges opposed to each other and designed to rotatably support rotating bodies between the flanges and joints connecting the flanges are integrally formed; and wherein

openings are made in pre-joints of the material before the material is closed off.

- 29. (Canceled)
- 30. (Original) The method according to claim 28, wherein:
 engagement holes for engagement with rotational shafts for rotatably
 supporting rotating bodies in the carrier are made in pre-flanges before the material is closed off.
- 31. (Original) The method according to claim 28, wherein:
 mandrels are interposed in positions for mounting rotating bodies between the
 flanges so that the flanges are swaged towards the mandrels.
 - 32. (Original) The method according to claim 28, wherein: axial centers of the bulged side wall are turned into the joints; and

both axial ends of the side wall of the tubular material, which are to be closed off, are turned into a pair of flanges.

- 33. (Currently Amended) The method according to claim [[1]] 7, wherein the joints connecting the one-piece ring-shaped flanges are curved in a circumferential direction of the carrier.
- 34. (Previously Presented) The method according to claim 20, wherein each of the flanges is a one-piece ring-shaped flange which lies in a plane.
- 35. (Previously Presented) The method according to claim 20, wherein the joints connecting the flanges are curved in a circumferential direction of the carrier.
- 36. (Previously Presented) The method according to claim 28, wherein each of the flanges is a one-piece ring-shaped flange which lies in a plane.
- 37. (Previously Presented) The method according to claim 28, wherein the joints connecting the flanges are curved in a circumferential direction of the carrier.
- 38. (New) A method of manufacturing a carrier having a pair of flanges and adapted to rotatably support rotating bodies between the flanges, comprising the steps of:

preparing a tubular material;

closing off both end openings of the tubular material so that a pair of flanges opposed to each other and designed to rotatably support rotating bodies between the flanges and joints connecting the flanges are integrally formed; and

wherein engagement holes for engagement with rotational shafts for rotatably supporting rotating bodies in the carrier are made in pre-flanges before the material is closed off.

- 39. (New) The method according to claim 38, wherein:
- a bending guide is formed on a border between pre-joints and pre-flanges before the material is closed off.
 - 40. (New) The method according to claim 39, wherein: a groove is formed as the bending guide inside the tube on the border.
- 41. (New) The method according to claim 38, wherein:

 mandrels are inserted from the openings made in the pre-joints of the material so as to close off the material.
 - 42. (New) The method according to claim 38, wherein:

mandrels are interposed in positions for mounting rotating bodies between the flanges so that the flanges are swaged towards the mandrels.

43. (New) The method according to claim 38, wherein: axial centers of a side wall of the tubular material are turned into the joints;

both axial ends of the side wall of the tubular material, which are to be closed off, are turned into a pair of flanges.

- 44. (New) The method according to claim 38, wherein each of the flanges is a one-piece ring-shaped flange which lies in a plane.
- 45. (New) The method according to claim 38, wherein the joints connecting the flanges are curved in a circumferential direction of the carrier.
- 46. (New) A method of manufacturing a carrier having a pair of flanges and adapted to rotatably support rotating bodies between the flanges, comprising the steps of:

preparing a tubular material having a tubular wall surface;

bulging a wall surface at the axial center of the tubular material radially outwardly so that a pair of flanges opposed to each other and designed to rotatably support rotating bodies between the flanges and joints connecting the flanges are integrally formed; and wherein

engagement holes for engagement with rotational shafts for rotatably supporting rotating bodies in the carrier are made in pre-flanges before the material is closed off.

and

47. (New) The method according to claim 46, wherein:
mandrels are interposed in positions for mounting rotating bodies between the

flanges so that the flanges are swaged towards the mandrels.

- 48. (New) The method according to claim 46, wherein:

 axial centers of the bulged side wall are turned into the joints; and

 both axial ends of the side wall of the tubular material, which are to be closed

 off, are turned into a pair of flanges.
- 49. (New) The method according to claim 46, wherein each of the flanges is a one-piece ring-shaped flange which lies in a plane.
- 50. (New) The method according to claim 46, wherein the joints connecting the flanges are curved in a circumferential direction of the carrier.